Callaway Public Schools

Triennial assessment results 2026

Meet our team

- J.D. Furrow
- Heath Birkel
- Brittany Jesseph
- Melissa Eggleston
- Kailey Bonde

Policy compliance results

In the evaluation of our School Wellness Policy it was determined that our strength in Section 3: Nutrition was the implementation of the fresh fruits and vegetable program and the education and signage on monitoring hydration and the need to drink plenty of water. For Section 2: Physical Activity our strength was the increased number of student participating in strength training and the implementation of a nutrition component to our weights classes. And the strength in Section 2: Wellness Policy Implementation was our school's progressive approach at addressing the wellness needs of our students.

The areas we need to grow in for our next triennial review are increasing parent and community involvement in the decision making process for Student Wellness Implementation and having regularly scheduled meetings with our committee to explore new programs and ideas. 🗋 File

Wellness policy goals (NEW)

1. Nutrition - We will increase student participation in our School Nutrition Program.
2. Physical activity - We will increase our student enrollment in PE and Strength Training Classes

3. Other Goal (Mental Health) - We will develop an MTSS system to identify students in need of mental health supports and implement interventions to address the needs of our students.

We are very proud of the progress made towards the goals set in the previous triennial review. Our nutrition offerings and snack program have been very successful. We still have progress to make in the technical aspects of the Wellness Policy, but we have no problems finding people to provide ideas and feedback. File

Key achievements

1. Fresh Fruits and Vegetable snacks in our elementary school.
2. Emphasis on monitoring and maintaining hydration.
3. The evolution of our strength training and the addition of nutrition to our program.
4. The addition of a Licensed Mental Health Provider and then extending her from one day a week to two have been critical to addressing the mental health needs of our students.

Next Steps

Our next steps are to enlist new committee members from all stakeholder groups and review our successes. Then we will begin the process of identifying new ways to enhance our students' overall health and wellness. Another initiative of our next triennial cycle is to better communicate our Wellness Goals with the community.