

Blue's News

The Cat's out of the Bag!!

Homecoming 2017

The week was full of fun and excitement for Homecoming this year. On Monday, the students of Callaway travelled to Kearney to enjoy the eclipse at UNK. The day was full of fun with bounce houses, games, food, and of course, the eclipse. The festivities continued throughout the week with the other themed days which included Color War, Twin Day, Keeping it Classy, and Spirit Day. On Friday, the yearly skits took place in the Callaway gym. That night, the South Loup Football Team took on the Hemingford Bobcats for the Homecoming game. South Loup came out with a bang, leading the first quarter 24-0. The momentum didn't stop there and continued throughout the game. South Loup won the game 54-16. At the end of the game, the royalty was crowned for both schools. This year's queen for Callaway was Vayle Berger and the king was Jack Rush. After the crowning, the students danced the night away in Arnold at the Homecoming dance. Congrats to a great start to the football season and to our new royalty!





CALLAWAY PUBLIC SCHOOL

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"Shaping the World One Child at a Time!"

August 14, 2017

Dear Parents/Guardians:

One of the advantages of our new Powerschool program is its efficiency and friendliness in helping parents check student grades at any time. Therefore, I will no longer be mailing weekly letters home to notify parents when their child is either failing two or more classes a first week, or when their child is ineligible for extracurricular or school-sponsored activities due to failing any two or more classes for two or more consecutive weeks. Grades, or course averages used to make this determination, are pulled from weekly reports submitted by teachers on Thursdays at 12:30 p.m.

I urge you, as parents, not only to check your child's grades frequently using the ID and password sent to you by the school, but talk to your child about his or her academic performance at least once a week.

If you have difficulty accessing your child's grades, do not have Internet access, do not remember your login information, or have questions regarding your child's academic performance or eligibility, please contact the school.

I am eager to begin a new school year, and look forward to working with your child.

Sincerely,

Mary E. Beshaler, PhD
District Guidance Counselor
Callaway Public Schools

LUNCH PL^AN

Month: Sept 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Notes
4 Tornado Chicken Strip	5 Pancake Burrito	6 Egg Tacos Lasagna	7 Deli Straw	8 Pork Pizza Chicken Patty	
Tornado Chicken Strip	11 Omelette/Tort Pasta/Pork Saus	12 Muffin Pasta/Beef Saus	13 Long John Tacos	14 Sausage Tacos	
Mini Cinn's Pancakes	18 Waffles Chicken F. Dr	19 Sausage Biscuit Pasta F. Dr	20 Donut Philly Steak Sandwich	21 Pasta Tacos	
Tornado Pasta F. Dr	25 Pancake Wrap Pasta F. Dr	26 Egg Tacos Beef + Noodles	27 Long John Pasta R. B. Sausage	28 Bacon Fiesta	

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EducationQuest Foundation College Planning Bulletin

A monthly college planning guide for Nebraska high school students

September 2017

Seniors...3 must-do tasks for this fall!

1. **Apply to your top college choices.** If your school participates in Nebraska's *Apply2College* campaign in October, you'll get help with your college applications during a school-day event. If not, [click here](#) to find a college application checklist and other helpful resources.
2. **Create an FSA ID.** You and a parent must each create a username and password at fsaid.ed.gov that will serve as your Federal Student Aid (FSA) IDs for the Free Application for Federal Student Aid (FAFSA). You will each need your own email address to create an FSA ID.
3. **Complete the FAFSA at fafsa.gov on or after October 1.** The FAFSA is your application for federal, state, and college-based financial aid. The colleges you list on the application will use that information to determine the types and amounts of financial aid they will award you.

Get FREE help from EducationQuest

- Attend an EducationQuest [Financial Aid Program](#) this fall to learn about types of financial aid and the FAFSA. By attending, you can register to win a \$500 scholarship! [Click here](#) for details.
- Find free [FAFSA Tools](#) at EducationQuest.org to help you prepare for and complete the FAFSA.
- Call the EducationQuest location nearest you to set up an appointment for free personal help: Omaha – 888.357.6300, Lincoln – 800.303.3745, Kearney – 800.666.3721, and Scottsbluff – 800.303.3745, ext. 6654.

Meet with college reps at College Fairs, Educational Planning Programs

Juniors and seniors: Attend a College Fair or Educational Planning Program (EPP) this fall to meet with college representatives. Admission is free.

Before you attend, visit NebraskaCollegeFairs.org to register for a barcode. Print the barcode, or download it to your smartphone, and take it to the fair so that college reps can scan it.

2017 Fall College Fairs

[Lincoln Area College Fair](#), Sunday, September 24, 1:00-3:00 p.m. – Southeast Community College, 8800 O Street.

[Omaha Area College Fair](#), Sunday, October 1, 1:00-4:00 p.m. – University of Nebraska at Omaha Sapp Fieldhouse, 6001 Dodge St.

2017 Fall Educational Planning Programs

EPPs will be held across the state this fall. See the [Events Calendar](#) at EducationQuest.org to find the event in your area.

September “To Do” List

Juniors and seniors ... complete these college planning tasks during September:

- ___ Seniors, apply to your top college choices.
- ___ Seniors, create an FSA ID for you and one for a parent at fsaid.ed.gov.
- ___ Juniors and seniors, attend a [Financial Aid Program](#).
- ___ Juniors and seniors, attend a [College Fair](#) or [Educational Planning Program](#) in your area.
- ___ Before you attend a College Fair or EPP, register for a barcode at NebraskaCollegeFairs.org.
- ___ Seniors, [register](#) by September 8 for the October 7 SAT.
- ___ Seniors, [register](#) by September 22 for October 28 ACT.

For free help with college planning, contact EducationQuest Foundation:

Omaha 402-391-4033 888-357-6300	Lincoln 402-475-5222 800-303-3745	Kearney 308-234-6310 800-666-3721	Scottsbluff 800-303-3745, ext. 6654
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Your Journey to College Begins with Us

Home & School

CONNECTION®

Working Together for School Success



SHORT NOTES

Excellent attendance

Being in school every day means your child won't miss out on learning. Try to schedule appointments and family trips outside of school hours. If he asks to stay home "just because," remind him of what he'll miss, such as his reading group or PE class. Explain that he can be absent only if he's sick or if there's a family emergency.

DID YOU KNOW?

Children who regularly eat meals with their families tend to do better in school and avoid risky behavior. Eating dinner together is great, but other meals count, too. If you work at night, maybe you could make time for a family breakfast. Or on a weekend, try a picnic lunch.

Celebrate progress

Suggest that your youngster create a fun reminder of all the things she has accomplished. Let her cover a box with construction paper and label it "I did it!" Then, she can write each success ("I learned to add fractions") on a slip of paper and put it in the box. If she's feeling discouraged, have her read the slips.

Worth quoting

"The best way to cheer yourself up is to try to cheer somebody else up!"
Mark Twain

JUST FOR FUN

Q: Can a kangaroo jump higher than the Empire State Building?



A: Of course. The Empire State Building can't jump!

Conversations about school

When you think of parent involvement, do you picture moms and dads volunteering in classrooms? That's one way to help—but research shows that supporting your child's education at home is even more important. Here are conversations starters that will help you stay involved.

"Let's see what you brought home."

Look at completed work to find out what your youngster is learning and how well she's doing. You could comment on her math work or social studies project, for instance. ("You know a lot about our state's history!") Also, respond to notes from her teacher, and sign her weekly folder or daily planner if required.

"Show me what you have for homework."

It's your child's job to do her homework, but you play a role, too. Make sure she knows what she's supposed to do by having her explain the assignments to you. After she finishes her homework, glance over the work to see that it's complete.

"Describe a book you enjoyed today."

This gives you an idea of what your youngster prefers to read. Then, build a daily reading habit by asking what she'd like to read tonight. Encourage her reading and listening skills by reading aloud to her and letting her read to you.

"Tell me what you learned that you'd like to know more about."

Use her interests as jumping-off points for activities to share. If she likes geometry, you might hunt for



shapes together. If she's fascinated by how animals adapt to winter, take her to the library to research the subject or to the zoo to see live animals. ♥

After-school questions

Asking "How was school today?" might not get you far. Instead, ask questions like these for a better picture of your youngster's day:

- "What's the coolest thing that happened? What wasn't so cool?"
- "Pretend you're the teacher. How would you describe the day?"
- "What made you laugh?"
- "What was the most creative thing you did?"
- "How were you kind or helpful today? Was anyone kind or helpful to you?" ♥



What does respect look like?

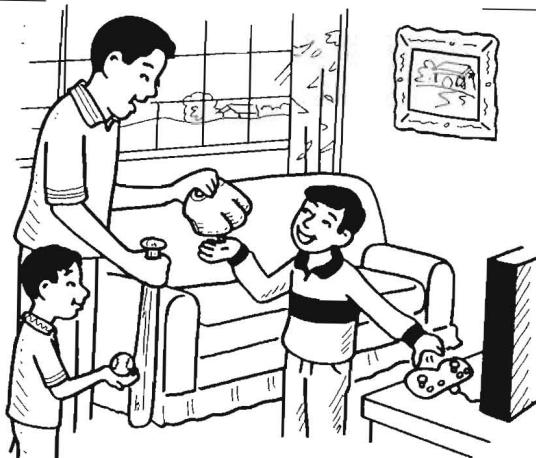
Your youngster's daily dealings with adults and kids alike will be more pleasant if he speaks and acts respectfully. Try these tips for helping him learn about respect.

Respectful replies. Think about something that you and your youngster disagree on (say, whether his video game time should be limited). Model having a respectful discussion about it. You might say that his brain and body are growing and that he needs to run and play to stay healthy. Then, suggest a respectful response, such as:

A reading challenge

By reading more complex books, your child can learn new words, facts, and ideas. He'll also be exposed to more complicated plots and will grow as a reader. Share these suggestions:

- Knowing something about the topic or setting makes a tougher book easier to comprehend. If your youngster is reading a novel set in China, he could talk to someone who has been there or look up the country online (try a children's site like kids.nationalgeographic.com).
- Encourage your child to look at a simpler book on the same subject. A picture-book biography about Harriet Tubman may help your youngster better understand a textbook chapter on the civil rights movement, for instance.
- Suggest that your child read complicated material with pencil and paper in hand. He can jot down questions, words to look up, or facts he wants to learn more about.♥



as, "I want to be healthy, but I love video games." Have him brainstorm other situations where people have different opinions but still speak to each other with respect.

Everyday acts. When you mow the lawn or clean up after your dog, you can teach your child about respect for neighbors.

Explain that keeping your neighborhood clean and neat makes it nice for everyone. Ask him to think of other respectful things neighbors should do. If you share an apartment laundry room, he might say that you respect neighbors' time by removing your clothes when they're done so others get to use the washers and dryers.♥



Strong study habits

Q: My third grader has to spend more time studying this year. How can I make sure she studies effectively?

A: Set your daughter up for success by helping her find a distraction-free study spot. Also, have her come up with a study routine. For instance, she could reserve time each evening to review her textbook and notes in the days leading up to a test.

Also, many students find it helpful to jot down a purpose each time they study. Your child might write: "I will learn the definitions of all the boldfaced words in chapter 7, section 1."

Finally, encourage her to experiment with study strategies to find what works best. She could close his eyes and imagine how a word is spelled or draw a grid with 9 squares to solve 3×3 . Or she might find it helpful to spell or recite math facts aloud in rhythm or to a familiar tune.♥



Talking to kids about money

My children were always asking to buy things like dress-up shoes or new games. They didn't seem to understand that these items weren't in our budget.

I wanted them to learn about how we spend our money—and that it is limited. So I got a spiral notebook and labeled it "Family Spending Journal." I explained that for two weeks, everyone would keep a record of what they spent money on. I listed items like my

subway fare, the electric bill, and food at the grocery store. The children wrote down expenses such as school lunch, soccer cleats, and field trip fees.

After a few days, they were surprised by how many things we needed money for. Our kids had no idea, for example, that we paid for taxes on our income, several types of insurance, and membership in our homeowners' association. Sometimes they still ask to buy too many things at the store, but when I say no, at least they understand why.♥



OUR PURPOSE

To provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting.

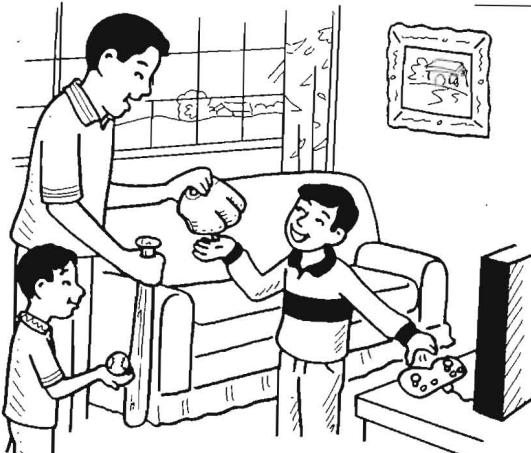
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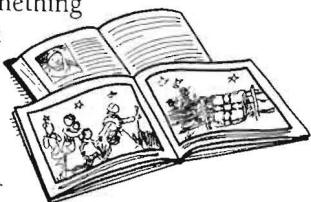
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Q & A

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PARENT TO PARENT

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Calendars

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Happy Fall Everyone!



Helping Children Learn®

Tips Families Can Use to Help Children Do Better in School

ELEMENTARY SCHOOL

October 2016



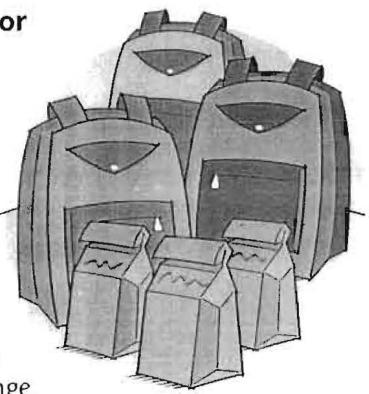
How can I get all my kids ready on time in the morning?

Q: Getting three children out the door for school is hard! Either one child won't get up, or another forgets a book and has to go back for it. Or somebody's homework has vanished. My kids often miss the bus and I end up driving them to school. How can I fix this?

A: Mornings are a challenge in many households. But as long as your children know you'll drive them to school if they are late, they don't have much incentive to change.

To begin to turn things around:

- **Call a family meeting.** Announce that Mom's Taxi has a new policy. From now on, rides to school come with a cost. You can choose the price—part of their allowance, or perhaps an extra chore. It doesn't have to be a high price, but it should be something your kids want to avoid.
- **Get organized at night.** Help your kids lay out clothes, fill book bags and pack lunches. Set alarm clocks to go off a few minutes earlier.
- **Give everyone a five-minute warning** before it's time to leave. Then calmly walk out the door and head for the bus stop.
- **Enforce consequences consistently** once you set them. Odds are, you'll only have to collect your "taxi fare" once or twice before your children get better organized.



Are you giving effective instructions?

Classrooms—and families—function smoothly when children know how to follow directions. Are you teaching your child this vital skill? Answer yes or no to the questions below:

1. **Do you make sure** you have your child's full attention before giving directions? Call her by name and look her in the eye.
2. **Do you give** specific instructions? If a job involves several steps, list them. "First, pick up your clothes. Next, put them in the hamper."
3. **Do you ask** your child to repeat what you said before she begins a task?
4. **Have you posted** a checklist of things your child should do every day?

5. **Do you praise** her when she follows directions?

How well are you doing?

More yes answers mean you are helping your child learn to follow instructions. For each no, try that idea.

"I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel."

—Maya Angelou

Do an after-the-test review

Tests give your child a chance to show what he knows. But they can also give him a chance to learn more. Reviewing past tests can help him improve his scores in the future. After a test, have your child:

- **Go over the results.** He should correct any wrong answers.
- **Determine the types** of errors he made. Did he rush and make careless mistakes? Was he unprepared?
- **Make adjustments.** Brainstorm with your child about ways to reduce errors, such as checking his work and studying for several days before a test.

Source: W.R. Luckie and W. Smethurst, *Study Power*, Brookline Books.

Coach a team player

All through school, your child will be expected to work with others. She'll be more successful if she knows how to be a team player. To help her practice:



- **Have family members take turns** making some choices, such as which video to watch or which game to play.
- **Teach fair ways** to decide who goes first, such as "Rock, Paper, Scissors" and flipping a coin.

Use discipline that works

To improve your child's behavior with discipline, experts suggest that you:

- **Use natural or logical consequences.** For example, a *natural* consequence of forgetting homework is getting a zero. A *logical* consequence of losing an item is having to replace it.
- **Plan ahead.** Talk with your child about discipline. Agree on basic rules and consequences. Enforce rules consistently.

Source: "Natural and Logical Consequences for Behavior," WebMD, niswc.com/consequences.

Helping Children Learn®

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