



The Bobcat

February 16



Bobcats of the Month

Samantha Stowell

Sami is always helpful and willing to take charge. She takes time to practice as well as try a new instrument. She also puts her name out to help and I am thankful.

Mr. Beavers



Garret Hrupek

Garrett is such a kind and friendly person. He is eager to help wherever needed. He looks for chances to be a good citizen. He tutors a younger student which exemplifies the previous qualities.

Mrs. Miller



Lenny Johnson

Lenny is an awesome kid. This year he is working hard to have assignments done and to get good grades. He is determined to be the best version of himself. When going to the Kindergarten room, he is very helpful, always excited to see the kids, and is passionate about working with them.

Way to go Lenny!

Miss Ord



Cassy Coons

I would like to nominate Cassy for student of the month. Cassy is a hard worker in my class. She never complains, and I never have to tell her to get to work. In class, she is engaged all of the time and tries to do her best on everything we do. At times, I know, the material is extremely hard for Cassy, but she just keeps plugging away. It is refreshing to have a student that tires as hard as she does.

Mr. Ellis



"As we begin the first few weeks of the second semester, I am quickly reminded of how busy we are with activities this time of year. It is also a time to begin looking at summer projects and making plans with our school board for the remaining budget year. Negotiations for certificated teachers have been settled.

Several bills have been introduced in the Unicameral this session that may impact our school funding and work to minimize the increasing tax burden to property owners. It has been a challenge for school leaders and legislators to come up with a solid plan to offer tax relief while still funding the schools. The Governor's plan is asking for Ag land taxes to be increased by no more than 3%, on a state aggregate or average, and to place further limits on the growth of our school budget.

A couple of bills that I am in favor of would increase, and statutorily set, the reimbursement rate for SPED spending at 80% of our actual costs, which currently fluctuates from year to year, but is typically right around 50% or less. I am skeptical if this bill will pass, but it would have a tremendous impact, and move us closer to the Federal intent that SPED costs are fully funded. I also favor a bill introduced to provide Foundation Aid to schools, or a "per student" payment that would replace monies for option enrolled students and other allowances currently available to schools. The aid would be required to offset property tax requests. Again, I will be pleasantly surprised if this bill stays alive in the session. Both would be very important to our school.

I have been humbled by all of your kind comments and actions upon completing my doctoral degree and graduating from UNL in December. Thank you to all who sent cards and flowers, and truly made this landmark event special for my family and I."

Dr. Lewis

MNAC Art Show

Saturday, January 30th, is our annual conference art show. It will be held in Broken Bow in the Activities Building next to the High School. The exhibit will be open to the public Saturday from 1:00-8:00PM. There are 16 schools with 13 different categories on display. The show will be judged by U.N.K. Senior Art Students.



The Love for a Dog

Since I was born
We had him then.
If I really could,
I'd do it all again.

I'll tell about him
About my dog.
I'm sure you'll enjoy,
His great adventure.

He was very fun.
From now and then,
He was like a friend.
Of course he would be.

He'd bark all the time,
Again and again.
He loved the outdoors.
He'd love to play.

His name was Tego.
It's kind of weird.
I miss him now.
I want him back.

Thanks for enjoying,
I'm thankful you did.
If you have questions,
Ask me now.

By: Bryant Leeper

Summer

I love the season called Summer.
If we didn't have the heat,
It would be a bummer.
My heart would beat rapidly.

The taste of water in the air.
The beautiful chirping of birds.
A ponytail in my hair
As I walk down the sidewalks.

In Summer you get out of school.
I love the fresh fragrance of grass.

You can also go to the pool
The grass was cut on Tuesday.

I love the Sumer season.
The Summer trees are lean.
Love it or you have no reason.
I love the scenery of green.

By: Sophia Doyle

Volleyball

I love to play volleyball,
While the gym smells of sweat.
Here comes the soft volleyball
Flying over the tall net.

The server hit the ball hard.
The ball flies to the outline.
Tweet goes the refs black whistle,
Then she gives us the point sign.

My friend serves the ball fast,
The other team bumps, sets, and hits.
Our coach yells to be ready,
My team helps to dig it

As I go into serve
My nerves get the best to me.
I am now afraid of a shank.
I do not know where my serve will be.

My serve barely goes over the net.
The other team can't dig the ball.
I go to the bench to quench,
My biggest thirst of all.

Since the other team can't dig the ball,
We have now won the game.
Since we won everyone is happy.
The bobcat fans treat us like fame.

By: Lila Bloomer

Senior Spotlight...

1. Name: Emma Badgley

2. Family: Nikki—mom, Cliff—Dad, Carson—brother, and Laney—sister

3. Birthday: 04-17-1998

4. Extracurricular Activities: Volleyball, Basketball, One Acts, and National Honor Society

5. Favorite Food: cheesecake

6. Favorite kind of music: All

7. Favorite movie/tv show: Grey's Anatomy

8. Favorite book or author: Cage of Stars, Jacqueline Mitchard

9. In my spare time, I: shoot

10. Best memory so far: State Runner Up in One Acts

11. Best thing about being raised in a small community: Knowing everyone and the safety/security it provides

12. Best advice my parents ever gave me: Have respect for everyone, even if you don't know them

13. My greatest talent (or trait): shooting

14. Motto, inspiration or favorite quote: Float like a Cadillac, sting like a Beamer

15. I think the most important issue is America today is: debt

16. What did you want to be when you were little: Doctor

17. Future Plans: Attend UNK or Chadron majoring in Pre-Med through the KHOP or RHOP program



Speech

The Callaway High School Speech Team opened its season on Saturday, January 23, 2016 at the Broken Bow Speech Invitational. There were 25 schools from Class A through D-2 in attendance. All twenty-two members of the CHS team were able to compete that day.

In the varsity division, CHS Speakers Emily Kimball and Noah Edgington received a 10th place medal in Duet Acting. Those receiving superior ratings were: Emily Kimball and Noah Edgington in Duet Acting, Noah Edgington in Persuasive Speaking and Oral Interpretation of Poetry, Amber Ross in Informative Speaking, and Natalie G'Schwind in Entertainment Speaking.

On the novice side, CHS Speakers receiving medals were: Kaitlyn Pflaster, 7th in Persuasive Speaking; Garrett Hrupek, 7th in Humorous Prose; Wryleigh Doyle and Hannah Pearson, 8th in Duet Acting; Grady Lashley, 8th in Informative Speaking; Garrett Hrupek and Weston Kunkee, 9th in Duet Acting; and Wryleigh Doyle, 9th in Humorous Speaking. Those performances earning superior ratings were: Wryleigh Doyle and Hannah Pearson in Duet Acting, Wryleigh Doyle in Humorous Prose, and Kaitlyn Pflaster in Persuasive Speaking.

"The Broken Bow Meet is always a nice way to begin the season in that it is an interesting combination of larger schools who have attended several meets by this time as well as schools our size who are just beginning the season," commented Sue Phelps, Head Coach. "The mix of performances gives us a chance to compare our performances with others. It also encourages us to continue to polish ours. This year, the Broken Bow meet began with so very much confusion because of a scheduling error. I was proud of all of our speakers who took all the confusion in stride and helped one another to do their best."

"The Callaway Speech Team is off to a good start. We have a very talented and cooperative group of students this year who I am thinking will compete well. That is exciting," added Tina Ord, Assistant Coach.

The Novice Speech Team member of the week is Kaitlyn Pflaster. Kaitlyn was chosen by her coaches because of her willingness to practice and take suggestions. She is conscientious and wants to do what it takes to perfect her performance.

The Varsity Speech Team member of the week is Noah Edgington. Noah was chosen by his coaches for the positive example of hard work and persistent effort that it takes to do well. He was also recognized for the assistance he has given to novice speakers to help in any way that he could both at practice and at the speech meet.

The next regular season speech meet will be the Ord High School Chanticleer Speech Invitational on Saturday, January 30, 2016. Competition will begin at 8:00am.

Where's Your Beef?

By Hannah Pearson

Some facts about beef:

Taken from beefitswhatsfordinner.com

Explorebeef.org

- 1) Beef is a naturally nutrient-rich food, helping you get more nutrition from the calories you take in.
- 2) Americans are eating beef at levels that fit a variety of healthy eating patterns, which can meet the goals of the 2010 Dietary Guidelines for Americans. Americans are currently consuming 1.7 ounces of beef daily, well within the recommended amount of 5.5 ounces from the Protein
- 3) So what is it about protein anyway? Enjoy our top three things (but don't be fooled, there are many more [benefits](#)) that are awesome about protein!
 - A. Paired with physical activity, the high-quality protein in lean beef can help you maintain a healthy weight, sustain weight loss and keep a favorable body composition over time.
 - B. Individuals who ate protein within an hour of exercise achieved more muscle growth than those who just ate protein in the morning and evening.
 - C. Individuals lost more body fat when eating protein closer to the time of exercise.

But there's more to fueling your workout than just protein. Beef offers other [essential nutrients](#) that can help you power through your workout, like iron. Iron provides oxygen to muscle cells while you are working out. It helps oxygen get from the lungs to working muscles during aerobic exercise. Iron deficiency in athletes can contribute to early muscle fatigue because muscles are receiving less oxygen.

Kindergarteners Gardening in the Snow

By: Mr. Hinman



Ok, so the Kindergarten class is not literally growing food in the snow, rather, they are growing their own produce on their new Tower Gardens! With the temperature outside a balmy 16 degrees, inside the sound of trickling water and fresh bok choy growing is a sight to see. Bib lettuce, mixed lettuce, cucumbers, tomatoes and even fresh basil, just to name a few, grow on their very own aeroponic indoor garden leading to some big smiles from these youngsters. Questions abound, "what is that for", "what is that called", "how does that work", "what is that for", "what is that for", "what is that for".....well, you get the picture! Needless to say, the questions about where food comes from, how it is grown, plant life cycles and much, much more are being answered right here in the Kindergarten room!

#WhereGreatThingsGrow

The Bobcat
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BOXHOLDER

FCCLA Chapter makes over 450 DOZEN Cookies!



As a holiday fundraiser, the Callaway Chapter of Family, Career, and Community Leaders of America (FCCLA) sold cookies to friends, family, and community members. Members were overwhelmed by the support of the community when they found out that 454 dozen cookies were sold; which totals over 5,400 individual cookies. There were 10 different kinds of cookies available with Oreo Truffles being the most popular. The cookies were prepared the last week of school before the holiday break and delivered on Friday, December 18. The funds raised will go to help offset the cost of attending District Leadership Conference, District STAR, Peer Education Retreat, and other events in the future. As a chapter, we look forward to doing this fundraiser again next winter. Mrs. Walz would like to thank all of the staff, students, and parents for helping complete this huge project!

